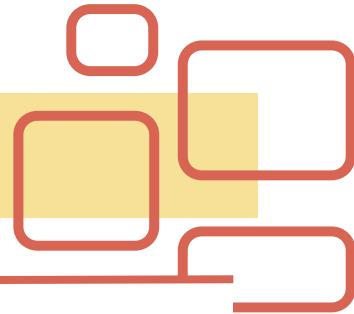




LESSON PLAN



The body parts!
I am a penguin and I turn my head. Can you do it?

Summary

Date	xxx	Total duration	50 min
Subject	Arts		
Year Group or Grade Level	4-5 years old		
Main topic	Body parts		
Subtopics or Key concepts	<ul style="list-style-type: none">body partsfunctionsawareness/ appreciation of their bodies		<ul style="list-style-type: none">music, stories, drawing, colouring, body parts art

Learning Objectives

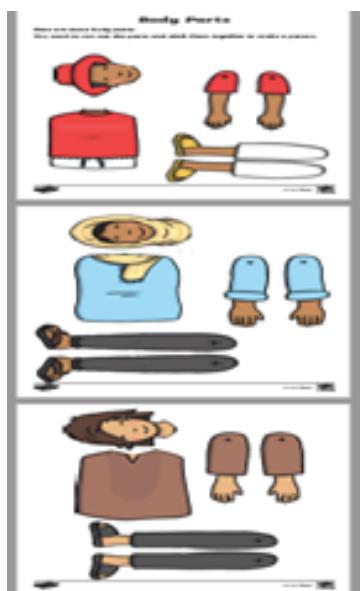
- To identify/name the parts of the human body
- To develop children's awareness and control of the body
- To develop fine motor skills and coordination
- To enhance their memory and concentration
- To develop their language skills
- To boost their self-esteem and confidence

Material needed

- PC
- Projector / Electronic Whiteboard
- Audio and video system
- Large or normal sheets of paper + watercolours/crayons
- Craft Play Learn - - <https://www.craftplaylearn.com/if-youre-happy-and-you-know-it/>

Material needed

- Worksheet 1



Source: [Large or normal sheets of paper + watercolours/crayons](#)

- Worksheet 2



Source:
<https://www.creatingreallyawesomefunthings.com/59-hand-foot-print-art-projects;>
<https://ro.pinterest.com/pin/550916966886601338/>

Lesson Outline

	Duration	Guide	Remarks
warm-up	5 minutes	If you're happy and you know – song https://www.youtube.com/watch?v=l4WNrvVjiTw Sing the song with the children and invite them to act it out.	The song enhances balance and coordination. It sets children in a good mood.

Lesson Outline

	Duration	Guide	Remarks
main activity	5-10 minutes	<p>Explain to children that today they will revise the parts of the body.</p> <p>Hand children worksheet 1 and invite them to cut out the body parts.</p> <p>Then ask children to put the cut-outs together in the right place to form a body.</p>	<p>This activity is optional- depending on children's ability to cut paper as it may take them more than 5 min to cut and assemble the pieces.</p> <p>It helps children identify/recognise and place different body parts.</p>
	10-15 minutes	<p>Use the video clip based on Eric Carle's book, From Head to Toe (https://www.youtube.com/watch?v=f0Ix72g0UdA).</p> <p>-Play the video without sound and guide children to guess what happens in the pictures (I am a penguin and I turn my head. Can you do it? I can do it!).</p> <p>-Play the video again (with or without sounds depending on children's English language level) and encourage children to act it out.</p> <p>-Role play:</p> <p>Model the dialogue: You play an animal and have children answer you:</p> <p>Teacher: I am a penguin and I turn my head. Can you do it?</p> <p>Children: I can do it!</p> <p>-Role play (first entire class in a chorus and then pair work) Have children act out 2 or 3 of the dialogues (penguin / giraffe / buffalo / monkey/ seal/ gorilla/ cat/ crocodile/ camel/ donkey/ elephant/).</p> <p>-Focus on the last image: I am boy/girl and I can ... Ask children what else they can do.</p>	<p>You can select only a few animals and encourage children to act out only 2/3 dialogues.</p>

Lesson Outline

	Duration	Guide	Remarks
main activity	15 minutes	<p style="text-align: center;">Hand and Foot Painting</p> <p>Tell children they can do wonderful things with their hands and feet such as create beautiful paintings in an original way. You can show them some samples. Paint the bottoms of feet and palms of hands with washable paints. Have children first press their feet or hands onto large sheets of paper, leaving colourful prints, to see how it works.</p> <p>Then invite them to think of something they would like to do and then create it with their hands and feet.</p>	<p>Make sure children wear suitable clothes. At the end of the activity make sure you have plenty of water for cleanups.</p> <p>Body parts art can increase children's awareness of their bodies. Tell them they can handprint everything they can imagine from flowers to animals or birds. Encourage them to combine handprints with drawing and painting.</p>
	3 minutes	Display children's works on the classroom walls and organize an art gallery.	<p>Organize a school art gallery where children will present their works to parents and peers. You can also invite children to take pictures and then combine everything into a video to be uploaded on the kindergarten site.</p>

Lesson Outline

	Duration	Guide	Remarks
assessment	7 minutes	Children present their works and discuss them with their peers.	Each child shares their ideas about their peers' pictures in a supportive and non-judgmental environment.

Assessment exercise

- Participate in the activities you plan with children by watching, listening, and taking notes so you can assess the situation accurately and offer support as required.
- Ensure that all children are familiar with the vocabulary and how it relates to the body parts.
- Provide immediate, detailed, and encouraging performance-focused feedback.
- Always justify your comments by using the criteria which were previously agreed upon with the child (Are you sure that this is your knee? What do you think?).
- Include preschoolers who are older in the assessment process.
- Encourage children to express their thoughts and opinions positively and nonjudgmentally.

Conclusions and recommendations

- Children should be able to recognize parts of their bodies because it will help them begin to acquire a sense of body awareness.
- Teaching children about human body parts meets their curiosity. Children's learning experiences, vocabulary, and understanding of the functions of body parts can all be improved by teaching them about body parts.

- Additionally, it helps children become comfortable with their bodies and cultivates appreciation for their bodies.
- Follow up: Organize a school art gallery where children will present their works to parents and peers. You can also invite children to take pictures and then combine everything into a video/album to be uploaded on the kindergarten site.
- As recommendations, observe and check each child when engaged in activities. Focus on what they need and help them correct themselves. Make sure they feel comfortable and enjoy their success.