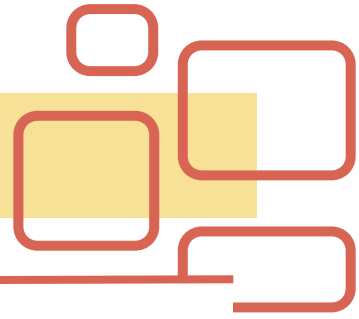




STEAMERs

LESSON PLAN



Human is built of mathematics

Summary

| | | | |
|----------------------------------|----------------------------------|-----------------------|------------|
| Date | | Total duration | 75 minutes |
| Subject | Mathematics - Body parts | | |
| Year Group or Grade Level | 5-6 years old | | |
| Main topic | Body parts, right and left side. | | |
| Subtopics or Key concepts | | | |

Learning Objectives

- developing the concept of body orientation (right and left side)
- developing the concept of "pair"
- developing motor coordination in one's body scheme

Material needed

- large sheet of paper, crayons
- songs on CD
- coloured rubber bands
- mirror
- small gym bags

Lesson Outline

| | Duration | Guide | Remarks |
|---------------|------------|---|--|
| warm-up | 5 minutes | Dancing to the song: "Head, shoulders, knees and toes" | The link to the song: https://youtu.be/WX8HmogNyCY |
| main activity | 15 minutes | <p>The teacher and children trace one volunteer on a large sheet of paper.</p> <p>Then the teacher asks the children of what we have two of and the children point those parts to and colour them on the paper.</p> <p>Then the teacher asks what we have one of each and the children colour those body parts in another colour.</p> <p>Then the teacher asks what we have three of each and so on. She or he can also ask of what do we have the most of.</p> | |
| | 5 minutes | Dancing with the song "Me!". Children imitate the fox. | The link to the song: https://youtu.be/Q8X0oLVtc2Y |
| | 3 minutes | Children check where they feel their heart beating. The teacher explains that it is their left side and they are given a coloured rubber band on their left hand. | |
| | 5 minutes | Teacher conducts exercises, asking children "show left ear", "show right eye", etc. | |

Lesson Outline

| | Duration | Guide | Remarks |
|---------------|------------|---|--|
| main activity | 5 minutes | Practicing of recognising right and left hand and right and left foot – “Boogie woogie” dance. | The link to the song: https://youtu.be/sXqaZUp2N -w |
| | 5 minutes | Mirror exercise - children are told to raise right hand or left hand leg to mirror and to show body parts. | |
| | 15 minutes | The children pair up and stand one behind the other. They follow the teacher's instructions, showing specific body parts (left hand, right leg, etc.). Then they face each other and follow the teacher's instructions again. Then they discuss with the teacher what happened. | |
| assessment | 10 minutes | Assessment or Evaluation | |

Assessment exercise

- Playing with small bags. Children follow the teacher's instructions: pick up the bag with the right hand, left leg, etc., place the bag on left leg, on the right shoulder, etc.

Conclusions and recommendations

- Children recognise right side, left side, they can name and count their body parts.